

# Are you at risk for gum disease?

Find out below!

Check the boxes that apply and share your answers with your dental professional.

- Red, swollen gums
- Discomfort or bleeding while brushing or flossing
- Loose teeth
- Routine bad breath
- Smoke or use tobacco products
- Health conditions such as diabetes, heart disease or stress
- Pregnant
- Family members with tooth problems
- Floss less than five times a week
- Visit the dentist less than twice a year

If you checked any boxes, you may be at risk for gum disease.<sup>1</sup>

You're not alone. **Close to 80 percent** of U.S. adults currently have some form of the disease.<sup>2</sup> Other research indicates it is the **leading cause of adult tooth loss** if left untreated.<sup>3</sup> Your dental professional can assess your risk of gum disease and recommend appropriate treatment.

**Take care of yourself.  
Don't ignore periodontal disease.**

# What is gum disease?

**Gum disease, also known as periodontal disease,** is a persistent bacterial infection around the gums and the bone that supports your teeth.

Bacteria gather beneath your gums and form pockets around your teeth. These pockets can become infected and may require more attention than brushing and flossing alone. Your dentist or hygienist can determine if you have gum disease.

## Are there treatments for periodontal disease?

Yes! You are taking the first step toward managing gum disease by visiting your dentist for a thorough cleaning to remove the plaque and tartar from your teeth and gumline.

If you have pockets 5mm or deeper, your dentist or hygienist may recommend an additional treatment called a Locally Applied Antibiotic (LAA), such as **ATRIDOX® (doxycycline hyclate) 10%** to combat the bacteria lurking below your gumline.

For more information:

**1-877-TOLMAR1**  
(1-877-865-6271)

[www.atridox.com](http://www.atridox.com)



**ATRIDOX®**  
(doxycycline hyclate) 10%

A cause and effect relationship between periodontal disease and the increased risk of systemic disease has not been established. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

References: 1. American Academy of Periodontology, [www.perio.org](http://www.perio.org) 2. National Institute of Dental and Craniofacial Research per reference on website: <http://www.nidcr.nih.gov/>, August, 2008. 3. US Food & Drug Administration, FDA Consumer magazine, May-June 2002.

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